

# The UK's most advanced personal ECG outside the hospital

KardiaMobile 6L is a six-lead personal ECG that records more heart data than any smartwatch, right on your phone. Better understand your heart health with Kardia's medical-grade ECGs.

- ✓ **Advanced ECG technology** used by the NHS.
- ✓ **Recommended** by NICE.
- ✓ **Six-lead personal ECG device** (records leads I, II, III, aVL, aVR, and aVF).
- ✓ **More lead data** gives you and your doctor deeper insights on your heart rhythm.
- ✓ **Detects common arrhythmias**, including atrial fibrillation, a leading cause of stroke.
- ✓ **Easily record and save** accurate heart data on your phone.



For more information, scan the QR code or visit [store.alivecor.co.uk](https://store.alivecor.co.uk).

# Opportunistic AF Detection with KardiaMobile

Atrial Fibrillation (AF) is a significant global health challenge, with millions affected and a substantial number remaining undiagnosed until a major event, such as a stroke, occurs.

Opportunistic **AF detection** involves seamlessly integrating AF screening into routine patient interactions. This proactive approach is a vital and cost-effective strategy to:

- ✓ Identify high-risk individuals earlier.
- ✓ Significantly reduce the burden of AF-related strokes.
- ✓ Improve patient outcomes and reduce healthcare costs..

## KardiaMobile: Empowering Your Practice with Seamless AF Screening

AliveCor's KardiaMobile is a clinically validated, portable ECG device designed to empower healthcare professionals. It enables you to effortlessly incorporate medical-grade AF screening into your existing workflows, aligning with modern healthcare priorities such as the Network Contract Directed Enhanced Service (DES) 2025/26<sup>2</sup>.

## KardiaMobile Aligns with Strategic Healthcare Priorities

KardiaMobile closely aligns with initiatives like the DES 2025/26<sup>2</sup>, which focuses on improving health outcomes and reducing inequalities through proactive CVD prevention and early detection.

**Accelerated AF Detection:** Supports opportunistic pulse checks alongside blood pressure monitoring, delivering fast, accurate ECG recordings at the point of care.

**Proactive CVD Risk Management:** Enables early identification of abnormal heart rhythms, helping clinicians address cardiovascular disease risks before they escalate.

**Expanded Diagnostic Reach:** Enhances AF diagnostic capabilities as part of the ABC pathway (Atrial Fibrillation, Blood Pressure, Cholesterol), supporting healthcare teams in fulfilling their targets.

## Proven Effectiveness and Accuracy in Real-World Settings and Clinical Trials:

### Real-World Impact and High Detection Rates:

A study by Lang et al. (2020)<sup>1</sup> demonstrated the clinical benefit of mobile ECG devices, including KardiaMobile, in AF detection across various community and clinical settings.

**Study Scope:** This assessment deployed 400 devices across 12 South London boroughs.

**Key Finding:** Mobile ECGs clinically proven to improve AF detection, particularly in high-risk populations, enabling earlier diagnosis and intervention.

**Reach and Results:** KardiaMobile was used to test over 10,000 people, identifying 537 possible AF cases. This approach, which showed higher sensitivity and specificity than manual pulse palpation<sup>2</sup>, found the most undiagnosed AF patients in GP practices, outpatient clinics, and community teams.



## Key Benefits for Your Healthcare Setting:

**Enhanced Stroke Prevention:** Early AF identification allows for timely anticoagulation, potentially reducing AF-related strokes and improving patient outcomes.

**Significant Cost Savings:** For every 25 people diagnosed with AF and appropriately treated with anticoagulation, one stroke is prevented, saving an average of £46,039 per stroke in health and social care costs over 5 years<sup>3</sup>.

**Portable and Easy-to-Use:** KardiaMobile seamlessly integrates into various clinical workflows, making AF detection more accessible and efficient.

**Scalable and Efficient:** Its proven accuracy and automated analysis reduce manual review burden, making it ideal for large-scale opportunistic screening and eHealth programs.

## References

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3. Xu, X. M. et al. (2018). The economic burden of stroke care in England, Wales and Northern Ireland: Using a national stroke register to estimate and report patient-level health economic outcomes in stroke. *Eur Stroke J*, 3, 82–91.
4. Slaats, B. M. I. et al. (2023). Can eHealth programs for cardiac arrhythmias be scaled-up by using the KardiaMobile algorithm? *Cardiovasc Digit Health J*, 5(2), 78–84. doi: 10.1016/j.cvdhj.2023.11.004. PMID: 38765619; PMCID: PMC11096654.
5. NHS England. (2025/26). Network Contract Directed Enhanced Service Guidance. Available at: <https://www.england.nhs.uk/publication/network-contract-directed-enhanced-service-guidance-in-england-part-a-clinical-and-support-servicessection-8/>



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